Newborn Life Support

1 minute

Term gestation? Breathing or crying? Good tone?

- YES: Maintain normal temperature, Ensure open airway, Stimulate
- NO: Laboured breathing or persistent cyanosis?

- YES: Ensure open airway, SpO₂ monitoring
  - NO: Post-resuscitation care
  - YES: Targeted pre-ductal SpO₂ after birth
    - 1 min: 60-70%
    - 2 min: 65-85%
    - 3 min: 70-90%
    - 4 min: 75-90%
    - 5 min: 80-90%
    - 10 min: 85-90%

HR below 100?

- YES: Positive pressure ventilation, SpO₂ monitoring
- NO: HR below 60?

- YES: Three chest compressions to each breath, 100% oxygen, Intubation or laryngeal mask
  - NO: IV Adrenaline, Consider volume expansion

HR below 60?

- YES: IV Adrenaline
- NO: HR below 60?

Maintain normal temperature, Ongoing evaluation

Stay with Mother