### Course Location -

### Day 1 (24 participants, 6 per group)

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| **0745  0830** | FACULTY MEETING & REALITi practice [REALITi quick guides for APLS Faculty](https://www.apls.org.au/realiti)  | All faculty |
| **0800 – 0830** | Registration  | Candidates |
| **0830 – 0900** | [Welcome and Aims](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Plenaries%20Refresher%20Course/Welcome%20Aims%20Refresher%20Course%2024%20Learners.pptx) |  |
| **0900 - 0945** | **Interactive Plenary:**[Structured approach to serious illness, Advanced Life Support](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Plenaries%20Refresher%20Course/Illness%20BLS_ALS%20Plenary%20Refresher%20Course.pptx)Aims: -Early interaction between faculty and candidates -To recall and consolidate online learning  | Led by: Candidates in their colour groups1 instructor per group - allocate as per skill station  |
| **0945 - 1000** | Morning Tea Break, Meet your mentees | (15 mins) |
| **1000 – 1100** | **Airway/ALS Workshops**[Airway workshop](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Skill%20Stations%20Workshops%20Refresher%20Course/Airway%20Breathing%20Management%20Skills%20Station%20Refresher%20Course%207th%20Ed.pdf) (6 per group)1.Emergency Airway Mx (A) (revised)2. Emergency Airway Mx (B) (revised)[ALS Workshop](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Skill%20Stations%20Workshops%20Refresher%20Course/BLS_Defib_AED%20Skill%20Station%20Refresher%20Course%207th%20Ed.pdf) (12 in workshop)ALS Rapid Cycle Practice (A)ALS Rapid Cycle Practice (B)ALS Rapid Cycle Practice (C)  | x 3 x 3BLS/ALS/Defib rapid cycle incl. formative assessment. Indicate if learner requires further practice.Pre allocate: Lead Facilitator(F) & Choke/BLS/Defib Demonstratorsx 2x 2x 2 |
| **1100 – 1200** | Airway Mx and ALS Rapid cycleCont’d as above |  |
| **1200 – 1240** | Lunch with faculty meeting | (40 mins) |
| **1240 - 1310** | [Demonstration Illness/ALS Scenario](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Demo%20Refresher%20Course%207th%20Ed.pdf) | Instructor: Debriefer: Candidate: Assistants x2:  |
| **1310 – 1510****1310-1410****1410-1510**  | **ALS/Illness Scenario Teaching Stations (30 mins each)**[ALS/Illness 1](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Scenario%201%20Refresher%207th%20Ed.pdf)  [ALS/Illness 2](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Scenario%202%20Refresher%207th%20Ed.pdf)[ALS/Illness 3](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Scenario%203%20Refresher%207th%20Ed.pdf) [ALS/Illness 4](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Scenario%204%20Refresher%207th%20Ed.pdf)  | Consider use of ‘Pause and Discuss’ to enable further ALS drill practice if needed.1. **1/2 -** 2. **3/4 -**3. **1/2 -**4. **3/4 -**  |
| **1510 – 1530** | Meet with mentor/mentee TEA/COFFEE | All faculty & candidates |
| **1530 - 1630** | **ALS/Illness Scenario Teaching Stations****(30 mins each)**[ALS/Illness 5](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Scenario%205%20Refresher%207th%20Ed.pdf) [ALS/Illness 6](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Scenario%206%20Refresher%207th%20Ed.pdf)  | 1. **5/6 -** 2. **5/6 -** 3. **5/6 -**4. **5/6 -**  |
| **1630 - 1640** | Short break. Faculty meeting | All faculty (Learner support, planning) |
| **1640 - 1740** | Trauma Plenary:[Structured Approach to Trauma](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Plenaries%20Refresher%20Course/Serious%20Injury%20Plenary%20Refresher%20Course.pptx) | Led by: Move to systems approach to trauma  |
| **1740** | Close |  |

**Course Location -**

**Day 2** (24 participants, 6 per group)

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| **0800 – 0930** | **Emergency Skills Stations (2 x 45 mins)**1. [Chest procedures\_Intraosseous access](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Skill%20Stations%20Workshops%20Refresher%20Course/Chest%20Procedures%20IO%20insertion%20Refresher%20Course%207th%20Ed.pdf)
2. [Safe emergency airway management](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Skill%20Stations%20Workshops%20Refresher%20Course/Safe%20emergency%20airway%20management%20Refresher%20Course%207th%20Ed.pdf)

[(+ SEAM video link)](https://vimeo.com/334583244/f7b50ba7c3)   | 1. Chest A x3 - 2. SEAM A x2 - 3.Chest B x 3 - 4. SEAM B x2 -  |
| **0930 - 0950**  | Morning Tea Break |  |
| **0950 - 1010** | [Demonstration Trauma Scenario](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%20Demo%20Refresher%20Course%207th%20Ed.pdf) | Instructor: Debriefer: Candidate: Assistants x2:  |
| **1010 – 1150****(100 mins)****1010 – 1100****1100 - 1150** | **Trauma scenarios (25 mins each)**[Trauma 1](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%201%20Refresher%20Course%207th%20Ed.pdf) [Trauma 2](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%202%20Refresher%20Course%207th%20Ed.pdf)[Trauma 3](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%203%20Refresher%20Course%207th%20Ed.pdf) [Trauma 4](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%204%20Refresher%20Course%207th%20Ed.pdf) | 1. **1/2 -** 2. **3/4 -**3. **1/2 -**4. **3/4 -** |
| **1150 - 1200** | Short Break |  |
| **1200 - 1250****(50 mins)** | **Trauma Scenarios (25 mins each)**[Trauma 5](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%205%20Refresher%20Course%207th%20Ed.pdf) [Trauma 6](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%206%20Refresher%20Course%207th%20Ed.pdf) | 1. **5/6**2. **5/6**3. **5/6**4. **5/6** |
| **1250 - 1330** | Lunch and Faculty MeetingRepeat RCDP (BLS/ALS/Defib) if necessary | Allocate faculty RCDP |
| **1330 – 1510****(100 mins)****1330 - 1420****1420 - 1510** | **Illness Scenarios (25 mins each)** [Illness 1](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%201%20Refresher%20Course%207th%20Ed.pdf) [Illness 2](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%202%20Refresher%20Course%207th%20Ed.pdf)[Illness 3](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%203%20Refresher%20Course%207th%20Ed.pdf) [Illness 4](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%204%20Draft%20Refresher%20Course%207th%20Ed.pdf) | 1. **1/2 -** 2. **3/4 -**3. **1/2 -**4. **3/4 -** |
| **1510 - 1530** | Meet with mentor/mentee TEA/COFFEE | All faculty & candidates |
| **1530 – 1620****(50 mins)** | **Illness Scenarios (Continued, 25 mins each)**[Illness 5](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%205%20Refresher%20Course%207th%20Ed.pdf) [Illness 6](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%206%20Refresher%20Course%207th%20Ed.pdf) | **1. 5/6** **2. 5/6****3. 5/6****4. 5/6** |
| **1620 - 1640** | Wrap upBurning QuestionsMentor farewell, feedback, and course closure. | All faculty |
| **1640 – 1710** | FACULTY MEETING | All faculty |