

2026 APLS COURSE SCHEDULE - THREE DAY COURSE

Please note that this program is subject to change without notice

DAY 1		DAY 2		DAY 3	
Time	Activity	Time	Activity	Time	Activity
0945 - 1000	Registration	08.00 - 0845	Interactive Plenary <i>Structured approach to serious illness</i>	0800 - 0920	Emergency Skills Stations (2 x 40 mins – Chest/SEAM, 80 mins for trauma/IO) 1. Trauma plenary/IO insertion (80 mins, 2 groups) 2. Chest procedures (ICC) 3. Safe emergency Airway Management
1000 - 1030	Welcome and Aims				
1030 - 1115	Interactive Plenary: Cardiac Arrest and Advanced Life Support	0845 - 0945	Workshop for Seriously Ill Child (30 min x 2) 1. Pain Management 2. Fluid and Electrolytes 3. Sepsis 4. Transportation		
1115 - 1215	Basic & Advanced Life Support Skill stations Airways Patency & Ventilation (A) Airways Patency & Ventilation (B) BLS/AED/Defib & Rhythms (C) - Group 1 BLS/AED/Defib & Rhythms (D) - Group 2 BLS/AED/Defib & Rhythms (E) - Group 3				
		0945 - 1000	Morning Tea Break	0920 - 1040	Emergency Skills Stations (2 x 40 mins – Chest/SEAM, 80 mins for trauma/IO) 1. Trauma plenary/IO insertion (80 mins, 2 groups) 2. Chest procedures (ICC) 3. Safe emergency Airway Management
		1000 - 1100	Workshop for Seriously Ill Child (30 min x 2) <i>(continued from above)</i>		
1215 - 1300	Lunch Break	1100 - 1115	Demonstration Illness Scenario		
1300 - 1400	Basic & Advanced Life Support Skill stations <i>(continued from above)</i>	1115 - 1235	Illness Scenario Teaching Session (40 min x 2)	1040 - 1100	Morning Tea Break - Meet your Mentor/Mentee
			Serious Illness A - scenario 1 / 2 Serious Illness B- scenario 3 / 4 Serious Illness A - scenario 1 / 2 Serious Illness B - scenario 3 / 4	1100 - 1120	Demonstration Trauma Scenario
1400 - 1430	Demonstration Cardiac Scenario				
1430 - 1630	Scenario Teaching Stations (40 min x 3) Cardiac Scenario A - scenario 1 / 2 Cardiac Scenario B - scenario 3 / 4 Cardiac Scenario C - scenario 5 / 6 Cardiac Scenario D - scenario 7 / 8	1235 - 1320	Lunch Break	1120 - 1320	Scenario Teaching Sessions (40 mins x 3) 1. Trauma Scenario A - scenario 1 / 2 2. Trauma Scenario B - scenario 3 / 4 3. Trauma Scenario C - scenario 5 / 6 4. Trauma Scenario D scenario 7 / 8
		1320 - 1440	Illness Scenario Teaching Session (40 min x 2) Serious Illness C - scenario 5 / 6 Serious Illness D - scenario 7 / 8 Serious Illness F - scenario 9 / 10 Serious Illness F - Scenario 11 / 12		
1630 - 1640	Afternoon Tea Break Mentor Meetings	1440 - 1450	Break	1320 - 1405	Lunch Break Faculty Meeting
		1450 - 1610	Illness Scenario Teaching Session (40 min x 2) Serious Illness C - scenario 5 / 6 Serious Illness D - scenario 7 / 8 Serious Illness F - scenario 9 / 10 Serious Illness F - Scenario 11 / 12	1410 - 1530	Testing stations 1. MCQ 2. Scenarios 1 Scenarios 2 Scenarios 3 Retesting
1640 - 1700	Faculty Meeting				
1700 - 1800	Repeated skills practice with coaching Demonstrating safe practice in basic life support, first line airway skills and defibrillation			1530 - 1600	Faculty Meeting
		1610 - 1630	Afternoon Tea Break Mentor Meeting – End of day - Learners	1600 - 1615	Feedback to Candidates Course Closure
1800 - 1830	Faculty Meeting	1630 - 1700	Faculty Meeting		
1830	Course dinner				