2026 APLS COURSE SCHEDULE – TWO DAY PROGRAM

Please note that this program is subject to change without notice

Day 1 (24 participants, 6 per group)

0800 – 0830	Registration	Candidates
0830 – 0900	Welcome and Aims	
0900 - 0945	**Interactive Plenary:** Structured approach to serious illness, Advanced Life Support Aims: • Early interaction between faculty and candidates • To recall and consolidate online learning • Knowledge of sequence of Structured approach to serious illness and ALS algorithms	
0945 - 1000	Break - Meet your mentees	(15 mins)
1000 – 1100	**Airway/ALS Workshops** Airway workshop (6 per group) 1. Emergency Airway Mx (A) (revised) 2. Emergency Airway Mx (B) (revised) ALS Workshop (12 in workshop) ALS Rapid Cycle Practice (A) ALS Rapid Cycle Practice (B) ALS Rapid Cycle Practice (C)	Systems approach, BVM, LMA, Intubation ALS/Defib rapid cycle practice including formative assessment
1100 – 1200	**Airway Mx and ALS Rapid cycle** Cont'd as above	
1200 – 1240	Lunch with faculty meeting	(40 mins)
1240 - 1310	Demonstration Illness/ALS Scenario	
1310 – 1510	**ALS/Illness Scenario Teaching Stations (30 mins each)** ALS/Illness 1 ALS/Illness 2 ALS/Illness 3 ALS/Illness 4 ALS/Illness 5 ALS/Illness 6	Complex scenarios with post scenario discussions for application to clinical context Scenario teaching will include a formative assessment and coaching of the structured approach to management for each candidate. Candidates are expected to demonstrate the structured approach during one of the scenarios to successfully complete the course.
1510 – 1530	Meet with mentor/mentee - TEA/COFFEE	All faculty & candidates
1530 - 1630	**ALS/Illness Scenario Teaching Stations (30 mins each)**	
1630 - 1730	**Trauma Plenary:** *Structured Approach to Trauma* • The structured approach to the serious injury • The identification of life-threatening injuries	Led by: Assistant: Move to systems approach to trauma content
1730 -1800	Close and FACULTY MEETING	All faculty

Day 2 (24 participants, 6 per group)

0800 – 0930	**Emergency Skills Stations** **(2 x 45 mins)** 1. Chest trauma Intraosseous access 2. Safe emergency airway management	
0930 - 0950	Morning Tea Break	
0950 - 1010	Demonstration Trauma Scenario	
1010 – 1150 **(100 mins)**	**Trauma scenarios (25 mins each)**	Complex scenarios with post scenario discussions for application to clinical context
1150 - 1200	Break	
1200 - 1250 **(50 mins)**	**Trauma Scenarios (25 mins each)**	Will include a formative assessment of structured approach to management for each candidate – to meet expectation of APLS training.
1250 - 1330	Lunch and Faculty Meeting Repeat RCDP (ALS/Defib) if necessary	
1330 – 1510 **(100 mins)**	**Illness Scenarios (25 mins each)**	Complex scenarios with post scenario discussions for application to clinical context
1510 - 1530	Meet with mentor/mentee TEA/COFFEE	All faculty & candidates
1530 – 1620 **(50 mins)**	**Illness Scenarios (Continued, 25 mins each)**	Will include a formative assessment of structured approach to management for each candidate – to meet expectation of APLS training.
1620 - 1640	Wrap up Take Homes, Burning Questions Mentor farewell, feedback, and course closure.	All faculty
1640 – 1710	FACULTY MEETING	All faculty